# Causal Inference Making the right intervention

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# The world of machine learning – in a nutshell



#### Predictive modelling

 Estimate the target for new observations





#### Explanatory modelling

 Describe the effect that a change of certain inputs has on the target

y = f(x)



#### Optimisation

- Find the inputs that give optimal performance
- f is known



# Key decisions require explanatory models

- Which medication will help a given patient?
- What marketing campaign will be most effective?
- How can a pharmaceutical company reduce non-conformities during their drug manufacturing process?
- What changes can a vehicle manufacturer make to their new product development process to reduce lead time?
- How can an company deploy resources to better serve customers?



# We'd expect these explanations to make causal sense before trusting the model

Does ice cream cause forest fires?



Is ice cream the new diet food?

Actionable insights?

# Causal inference is a hot topic in data science...

- Desire for **causal** methods given the prevalence of machine learning algorithms in all parts of society.
- **Counterfactual fairness**<sup>1</sup>: A decision is fair towards an individual if it is the same in

(a) the actual world and

- (b) a counterfactual world where the individual belonged to a different demographic group.
- Close relationship to **Reinforcement learning**

Pearl: "Systems that operate in purely statistical mode of inference ... cannot reason about interventions ... and, therefore, cannot serve as the basis **for strong AI**."<sup>2</sup>



### ... but machine learning unfortunately often doesn't care about causality

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### ... but machine learning unfortunately often doesn't care about causality



## Randomised Control Trials test for causality but have limitations; most data is observational



• Randomly assign treatment to individuals:

 $Y \perp T$ 

- Often small data set
- Limited generalizability, risk if participants are not representative of population
- Unethical in many cases
- Unconfounded by design



- Data is generated without the causal question in mind
- Often large and rich data set
- Most common case because:
  - Did not think of the question when data was created
  - Financial and reputational risk
  - Budget and time constraints
- Potential problem with hidden confounding

There are 2 key challenges we need to solve when working with observational data:

- 1 Finding the causal direction
- 2 Confounding

...let's discuss some potential solutions!

## Identifying the causal direction of a relationship purely from data is something the research community is working on

Mitrovic, Sejdinovic & Teh's NeurIPS 2018 paper "Causal Inference via Kernel Deviance Measures (KCDC)" postulates that sometimes a causal direction can be determined from distributions of the data.

Example:



"... asymmetry is realized by the Kolmogorov complexity of the mechanism in the causal direction being **independent** of the input value of the cause."

...but sometimes expert help will be necessary

# Confounding poses a risk to causal inference on observational data

- A **confounder** is a variable that influences both the treatment and the target
- Confounding can limit identifiability of the causal effect

#### Suitable fixes

- Match populations using propensity score matching
- Capture non-linear relationships between Y, X and highly-varied X across treatment groups using **ML**
- Obtain confidence intervals using Causal Forests, BART
- Model relationships between all variables and encode subject matter expertise using Bayesian Networks or structural equations



# Augmenting modelling using expert knowledge can help

#### Graphical models encode domain expertise

- **Bayesian Networks** are graphical models where the graph is a DAG
- Assumptions are marked by the (lack of) edges
- Incorporates the human understandable part of the model
- Facilitates discussion with subject matter experts



#### Structural equations facilitate counterfactuals

- Mathematical encoding of the transformations of parent nodes into child nodes
- Each function is autonomous to possible changes in the form of the other functions

$$D = f_1(L, \varepsilon_1)$$
$$W = f_2(M, L, \varepsilon_2)$$
$$H = f_3(W, D, \varepsilon_3)$$

Pearl (1995) Causal diagrams for empirical research. Biometrika 82 Pearl (2000) Causality: Models, Reasoning, and Inference. Cambridge University Press (2nd edition 2009)

# Graphical models, notably Bayesian Networks, are an intuitive way to encode context knowledge

#### Structure learning

- Computationally demanding
- Constraint-based methods
- Score-based methods
  - Continuous optimization: DAGs with NO TEARS
- Hybrid learning where domain expertise edits the network structure:
  - Ensure causal direction
  - Add missing (but weak) associations
  - Handle spurious data relationships

#### Model performance

- Provided sufficient data, BNs should outperform simpler interpretable models
  - Allow for modelling of interdependencies between variables, rather than additive

#### Perform inference

- Maximum likelihood estimation for one-step
   probabilities
- Conditional distributions as product of one-step probabilities along the route
- Junction tree algorithm for efficient execution of inference

# Bayesian Networks have historically struggled to get traction as they were difficult to learn; new methods drastically change this

Previous techniques suffered because they needed to "check acyclicity holds" and this is a combinatorial optimization problem. The authors of *DAGs with NO TEARS (Zheng et al.)* convert this to a continuous test (that is faster and easier to incorporate into search algorithms), leveraging the properties of the adjacency matrix



The leading diagonal (or trace) of a DAG's adjacency matrix, *W*, is all zeros.

Raising *W* to a power, *k* will produce all possible paths *k* steps away. In a DAG, trace( $W^k$ ) = 0 for all *k*.

$$\sum_{k=1} \sum_{i=1}^{d} \frac{(W^{2k})_{ii}}{k!} = trace\left(e^{(W \odot W)}\right) - d = 0 \ (<\epsilon)$$

# Causal models can be used to support decision making in important domains such as healthcare



- · The network structure is generated from both data and domain knowledge.
- Incorporating domain expertise ensures the model represents a domain expert's view of causal relationships
- Quantifying the relationship between patient demographics, comorbidities, and cardiovascular events can be used to identify key drivers of patient risk

Trained on Truven Claims data (2015 – 2017) Structure learning uses DAGs with NO TEARS: Continuous Optimization for Structure Learning; Zheng et al.; NeurIPS 2018

# With this approach we could better understand patient journeys

#### Risk of MI within 12 months<sup>1</sup>



More generally, if we model causally we can apply data science to business problems and perform counterfactual analysis to ask "what if?"



- Once we have trained a causal model, we identify counterfactuals that we would like to test and "intervene" on.
- These are generated by changing the historical data to reflect the actions of the intervention, and new predictions (of a target) are generated.
- Comparing these to the target from the "real" data allows us to calculate the value at stake of implementing the counterfactual change.
- If our models aren't causal, our "what if's" could be very inaccurate

### Takeaways

- If we want to trust models for decisions, then we should expect them to make causal sense
- Training on observational data is common, and the causal direction of relationships is not always clear
- Methods exist to help us identify possible causal relationships, but domain experts can also help
- Models that respect causality also exist and thanks to recent advances are now easier to learn and deploy

